

# Breakfast Menu

Residents Note:

Your room rate entitles you to ONE menu item per guest. All other menu items are charged at displayed prices

## English Full 10 | Half 6

Braughing sausages | smoked bacon | field mushroom | plum tomato | free range eggs [done your way] | baked beans | hash brown | black pudding | toast (n)

## Vegetarian Full 9 | Half 6

Vegetarian sausages | field mushroom | plum tomato | free range eggs [done your way] | baked beans | hash brown | toast (n)(v)

## Eggs & Avocado 8

Toasted sourdough | bacon | poached egg | avocado (n)(v)

## Porridge 5

Coconut porridge | honey (n)(v)

## Salmon & Eggs 6

Smoked salmon | scrambled eggs | toast (n)(v)

## Granola 5.5

Oat granola | compressed pineapple | mango | yoghurt | honey

## Toast & Jams 2

Two slices of toast [wholemeal or white] | butter | Tiptree jams (n)(v)

(n) nut free (d) dairy free (g) gluten free (v) vegetarian (V) vegan

## Drinks

Nitrogen Infused Cold Brew Coffee 2

Americano 2.5

Latte 2.75

Cappuccino 2.75

Espresso SGL 2 | DBL 2.5

Macchiato SGL 2.5 | DBL 2.75

Hot Chocolate 3

Breakfast Tea 2.5

Fusion Tea 3

## Proudly Sourcing

Pork & bacon - Gt Garnett's, Barnston

Sausage - Braughing, Bishop Stortford

Breads - Dorrington, Dunmow

Potatoes - Fairfields, Colchester

Cream, milk & yoghurt - Halesworth, Suffolk

Fruit & vegetables - The Star Inn, Dunmow

and Anglia Produce, Colchester

Rapeseed oil - Heybridge, Maldon

Honey - Hogs Barn Bees, Roding

Handcrafted coffee - Crude Drinks,

Bury St Edmunds